

## Being Wise

This stream deals with insight and wisdom. The purpose is to connect with your inner wisdom. Wisdom helps you choosing what is important, possible and good in your life. It sees through illusion and distraction. Wisdom facilitates insight in a collective truth through your intuition. The Sage decides which game you will play in this life.

### Challenge: being infinite wise

#### Questions

What is the pattern?

Is money your shelter?

Do you want to be smart?

Who is your role-model?

Can desire hurt you?

How do you perform?

When are you living?

What do you want?

How do you organise your life?

What do solutions solve?

Are you asking yourself the right questions?

Who are you?

What is the destiny of mankind

#### Strategies

1 Acknowledge and break undesirable patterns

2 Find appreciation in yourself, not in money

3 Being wiser not necessarily smarter

4 Leave Mr(s) Perfect behind

5 Letting go of desire leads to freedom

6 Align your ambitions and actions to your priorities

7 Living here and now

8 Feel what you want, do what you want

9 More intuition, less ego in your life

10 Start from your needs, not from specific solutions

11 Ask questions which make your life interesting

12 Trust your authentic self

13 Obtain insight in our collective destination

## Feeling Love

This stream deals with your ability to connect with yourself and others out of a warm, open and honest basic attitude. Compassion, generosity and appreciation are qualities of a loving heart. Love is the key to a happy and meaningful life. The lover decides how you play the game of life.

### Challenge : feeling unconditional love

#### Question

Why wouldn't you love yourself and others all the time?

Where does anger come from?

Impatient?

How are you lonely?

Afraid to fail?

Do you cry?

How courageous are you?

Can you be trusted?

Do you want to play?

Let's become friends?

Do you know what time it is?

Do you get connect?

Is your world beautiful?

#### Strategy

1 Loose everything that distracts from

2 Welcome all emotions, act only to the constructive ones

3 Live peacefully

4 Dare to loose

5 Feel at ease with every fear

6 Share grief

7 Living courageously

8 Adopt a vulnerable and open attitude

9 Have a playful attitude

10 Let people make a good impression on you

11 Live like you will die tomorrow

12 Connect with yourself while you connect with others

13 See the beauty in everything

## Making Space

This stream deals with the space and balance you need to realize something new. Making room is about relaxing and freeing up attention and energy in head, heart and agenda. Enough time, attention and vitality is essential for joyful living and to help you realize your desires with little effort. You will be able to get more people in the subway by pushing hard but it is much easier to let people get out first. It's better to do nothing than achieve nothing with a lot of effort. Making space is the invisible undercurrent and it literally determines the degrees of freedom.

### Challenge: Make Space Effortlessly

#### Question

How do you get stuck?  
How do you let go?  
Do you have psychological debts?  
How vital are you?  
What stops you?  
  
What are you denying?  
Will you stop blaming?  
How do you say good-bye?  
How do you judge?  
Did you laugh today?  
  
Are you used to giving and receiving?  
Which roads to space do you choose?  
Where do you find silence?  
silence in yourself

#### Strategy

1 Recognize how you get yourself stuck  
2 40 ways of letting go  
3 Deal with obligations from the past  
  
4 Feeling vital  
5 Use obstacles for learning and amusement  
6 Make invisible secrets visible  
7 Forgive  
8 Die a little every day  
9 Appreciate, postpone your judgment  
10 Stay light (bright) under serious circumstances  
11 Give unconditionally, receive warm  
12 Meditation as a strategy for rest  
13 Stay in contact with the peaceful

## Creating

This stream deals with applying creative energy to discover and create new possibilities. Your life is the creative footprint you leave in the world and the world leaves in you. Creating means taking responsibility for your experiences, take initiatives you desire and shaping what you find important out of wisdom and love. Stop everything else. You create with your attention, talents, words and actions. Creating determines what your game looks like.

### Challenge: Be good at creating

#### Question

Do you live creatively?

Is your attention fragmented?

Which dreams do you have?

What are you aiming at?

Who decides about your life?

What do you believe?

How high is your IQ?

How do you stay creative?

Who else can you be?

Do you have a real problem?  
area of expertise

How realistic are you?

Do you make mistakes?

Do you get started?

#### Strategy

1 Move freely through creative possibilities

2 Be able to focus your attention

3 Imagine new worlds

4 Set right-for-you goals

5 Use the power of decision

6 Believe in your capacities and destination

7 Use your talents widely

8 Maintain a creative mental attitude

9 Be different than you think you are

10 Find inspiration outside your common area of expertise

11 Explore the frontiers of the impossible

12 Find new opportunities through mistakes

13 Find allies, do what is necessary, leave out what harms